



**TÜRKİYE YÜZME FEDERASYONU**



**NOVEMBER 10<sup>th</sup> REMEMBRANCE DAY OF  
MUSTAFA KEMAL ATATÜRK  
INTERNATIONAL MASTERS  
LONG COURSE SWIMMING CHAMPIONSHIP**

**ANKARA**

**10-12  
NOVEMBER  
2023**



Event Date - Venue	10-12 November 2023 – Ankara
Event Pool	Eryaman TOHM Swimming Pool – 50m, 10 Lanes
Technical Meeting	9 November 2023, @18:00, Pool Meeting Room
Warm-up	Starts 1h15mins before event

Individual Age Groups				Relay Age Groups	
Age	Date of Birth	Age	Date of Birth	Cat.	Total Age
25-29	1998-1994	60-64	1963-1959	R0	100-119
30-34	1993-1989	65-69	1958-1954	R1	120-159
35-39	1988-1984	70-74	1953-1949	R2	160-199
40-44	1983-1979	75-79	1948-1944	R3	200-239
45-49	1978-1974	80-84	1943-1939	R4	240-279
50-54	1973-1969	85-89	1938-1934	R5	280-319
55-59	1968-1964	90+	1933-...	R6	320-359

10.11.2023Morning Event 09:15			Afternoon Event 15:00		
100	Freestyle	W/M	50	Backstroke	W/M
200	Breaststroke	W/M	400	Freestyle	W/M
200	Butterfly	W/M			

11.11.2023Morning Event 09:00			Afternoon Event 16:00		
200	Backstroke	M/W	100	Breaststroke	M/W
400	IM	M/W	50	Freestyle	M/W
100	Butterfly	M/W	100	Backstroke	M/W
15mins break					
4 x 50	Medley	M/W			
4 x 50	Medley	Mixed			

12.11.2022Morning Event 08:00			Afternoon Event 14:00		
50	Breaststroke	W/M	200	IM	W/M
800	Freestyle	W/M	200	Freestyle	W/M
50	Butterfly	W/M			
15mins break					
4 x 50	Freestyle	W/M			
4 x 50	Freestyle	Mixed			

## ***Competition Rules & Registration:***

- The World Aquatics (FINA) rules and regulations will be applied during the competition.
- Electronic stopwatch and scoreboard/touchpad will be available.
- All distances will be conducted in open age.
- 400m and 800m races are composed in the order from fast to slow. All other heats are composed in the order from slow to fast.
- Address: Göksu Mah. Selcuklular Str. Eryaman-Etimesgut/Ankara
- Phone number: +90312 2814208
- The registration deadline: 6th of November 2023 Monday until 5 PM .
- All competitors shall be registered with their National Federation to be eligible to compete. An approved document by national federation or a registration card from 2023-2024 season is mandatory to participate.
- A swimmer may compete in not more than six individual events (Max 2 races per session) and 4 relays (Max.2 Relays per day).
- A competitor may only compete in one age group in the same relay event.
- Upon the relay entry, relay teams must list the name of their clubs, each swimmer's full name (as it appears on their ID card) and ages. For mixed relays, name of the club, swimmer's names, ages, sex and the order of swimming will be asked. All of the relay entry lists with participants' signatures shall be submitted to the referee desk, 30 minutes prior to the start of the first event of the day. No changes will be permitted thereafter.
- The first swimmer of the relay races is permitted to attempt a record only if they provide a petition before the session starts.
- For record attempts that are inside of an individual event (i.e. 200m free record attempt in 800m free race), a petition form should be submitted to the referee desk. Record attempts inside of individual medley events are not accepted.(i.e. 100m breaststroke record attempt in 400m IM).
- For World or European record attempts a petition form should be submitted to the referee desk before the competition event.
- The competition pool will be cleared up 15 minutes before the session starts.
- Any petition to the Competition Referee is due EUR 50.
- Mixed relays shall consist of two men and two women who may swim in any order.
- Registration fee is EUR 4 per individual event and EUR 8 for each relay event.
- Please send the registration form to [mhkyuzme@tyf.gov.tr](mailto:mhkyuzme@tyf.gov.tr)
- The Organizing Committee maintains the right to make changes in the start lists before the start of the competition if it is necessary. In such cases competitors will be informed prior to the competition.