



**INTERNATIONAL MASTERS
LONG COURSE SWIMMING CHAMPIONSHIP
ADANA 2026**

Event Date - Venue	06-08 FEBRUARY 2026 – ADANA
Event Pool	YUREGIR Olympic Swimming Pool – 50 m, 10 Lanes
Technical Meeting	05 FEB 2026, @19:00, Pool Meeting Room
Warm-up	Warm-up pool 25m

Individual Age Groups				Relay Age Groups	
Age	Date of Birth	Age	Date of Birth	Cat.	Total Age
18-24	2008-2002	60-64	1966-1962	RP	72-96
25-29	2001-1997	65-69	1961-1957	R0	100-119
30-34	1996-1992	70-74	1956-1952	R1	120-159
35-39	1991-1987	75-79	1951-1947	R2	160-199
40-44	1986-1982	80-84	1946-1942	R3	200-239
45-49	1981-1977	85-89	1941-1937	R4	240-279
50-54	1976-1972	90+	1936-...	R5	280-319
55-59	1971-1967			R6	320-359

06.2.2026 Morning Event 09:00			Afternoon Event 15:00		
200	Breaststroke	W/M	50	Butterfly	W/M
100	Backstroke	W/M	800	Freestyle	MIX
100	Freestyle	W/M			

07.2.2026 Morning Event 09:00			Afternoon Event 15:00		
200	Backstroke	M/W	100	Butterfly	M/W
50	Breaststroke	M/W	50	Freestyle	M/W
200	IM	M/W	400	Freestyle	MIX
15mins break					
4 x 50	Freestyle	M/W			
4 x 50	Freestyle	Mixed			

08.2.2026 Morning Event 09:00			Afternoon Event 14:00		
200	Freestyle	W/M	100	Breaststroke	W/M
50	Backstroke	W/M	400	IM	MIX
200	Butterfly	W/M			
15mins break					
4 x 50	Medley	W/M			
4 x 50	Medley	Mixed			

Competition Rules & Registration:

- The World Aquatics (FINA) rules and regulations will be applied during the competition.
- Electronic stopwatch and scoreboard/touchpad will be available.
- All distances will be conducted in open age.
400 IM, 400 & 800 FREESTYLE races are mixed with man and women.
- 400m and 800m races are composed in the order from fast to slow. All other heats are composed in the order from slow to fast.
- Address: ATAKENT, FATİH CD.01260 YUREGIR ADANA TURKIYE
- The registration deadline: 04th of FEB 2026 Thursday until 5 PM .
- All competitors shall be registered with their National Federation to be eligible to compete. An approved document by national federation or a registration card from 2025-2026 season is mandatory to participate.
- A swimmer may compete in not more than five(5) individual events (Max two(2) races per session) and four(4) relays (Max two(2) Relays per day).
- A competitor may only compete in one age group in the same relay event.
- Upon the relay entry, relay teams must list the name of their clubs, each swimmer's full name (as it appears on their ID card) and ages. For mixed relays, name of the club, swimmer's names, ages, sex and the order of swimming will be asked. All of the relay entry lists with participants' signatures shall be submitted to the referee desk, 30 minutes prior to the start of the first event of the day. No changes will be permitted thereafter.
- The first swimmer of the relay races is permitted to attempt a record only if they provide a petition before the session starts.
- For record attempts that are inside of an individual event (i.e. 200m free record attempt in 800m free race), a petition form should be submitted to the referee desk. Record attempts inside of individual medley events are not accepted.(i.e. 100m breaststroke record attempt in 400m IM).
- For World or European record attempts a petition form should be submitted to the referee desk before the competition event.
- The competition pool will be cleared up 15 minutes before the session starts.
- Any petition to the Competition Referee is due EUR 50.
- Mixed relays shall consist of two men and two women who may swim in any order.
- Please send the registration form to mhkyuzme@tyf.gov.tr .
- The Organizing Committee has the right to make changes in the start lists before the start of the competition if it is necessary. In such cases competitors will be informed prior to the competition.

W:Women M:Men

The Competition is Free of Charge.

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